

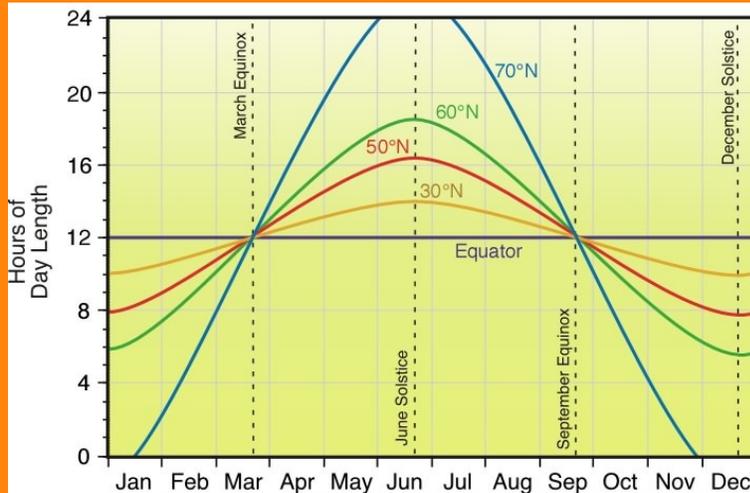


ROBINETTE Farms

MARTELL • NEBRASKA



17675 SW 14th • Martell, Nebraska • 68404 • 402.794.4025 • farmers@robinettefarms.com



You wouldn't begrudge a simple farmer just *one* graph, would you? We are at about 40 degrees north, so about half way between the red and orange lines shows our hours of sunlight during the year.

SUMMER, RIGHT? NOT ACCORDING TO SUNLIGHT

This time of year is always interesting to me because although it is still quite summery and things seem to be growing like crazy, the season is really slowing down and I assume this has a lot to do with available sunlight.

We are now eleven weeks past wonderful summer solstice, and if you count back those eleven weeks from solstice you end up in early April. It always amazes me that hot, humid, windy September has roughly the same amount of daily sunlight as early April, but when you look around it all makes perfect sense.

Summer annual weeds are mature and full of seeds so there's

less wedding work to do, Chloe and the crew now start the day at 7am because it's dark at 6:30, the sunrise works it's way a little farther south each morning, and those hot days just don't feel as hot because the length of the day really limits the scorch.

This is also the 15th week of CSA, which means the season is 75% complete! Chloe had a stressful growing year and although we're not out of the woods yet, I can see her slowing a bit, if only to catch her breath. Two more weeks and it will be official when fall solstice brings in more darkness than sunlight, the nights are cool, and hopefully Chloe gets some real rest!

September 7th, 2016

Farm News

This Week's Share

- Hot Peppers*
- Cherry Tomatoes*
- Bok Choy*
- Sweet Peppers*
- Basil*
- Cucumbers*
- Tomatoes*
- Eggplant*
- Squash or Zucchini*
- Sweet Corn (Mini only!)*

Chickens for Sale!

We have chickens for sale at pickup! This week they will be **FROZEN**, and you can reserve yours by following this link:

<http://www.robinettefarms.com/store/3112>

Eggs for Sale!

We will have eggs for sale at CSA pickup for \$5 per dozen. Just ask for them at pickup!

As always, we will happily reuse your clean and sturdy empty egg cartons.

Recipes

Soba Noodle Salad with Bok Choy

Serves 2-4

- 1 carrot, peeled and cut into thin matchsticks (a mandoline works great for this!)
- 2 bunches bok choy, sliced into ribbons
- 1/2 pound dried soba noodles
- 6 scallions, thinly sliced
- 1/2 cucumber, peeled and cut into matchsticks
- 1 tablespoon sesame oil
- 2 tablespoons rice vinegar
- 1 1/2 tablespoons soy sauce
- 1 teaspoon hot sauce (optional)

Fill a medium-sized sauce pan with water and bring it to a boil. Drop the carrots and one tablespoon of salt into the boiling water. Blanch the carrots for 30-60 seconds (depending on how cooked you like them) and then lift them out with a slotted spoon or small strainer. Run the carrots under cold water to stop the cook-

ing and then empty them into a medium-sized bowl.

Let the water come back to a boil and add the bok choy. Blanch for 30 seconds and then remove using a slotted spoon or small strainer. Run them under cool water and then add them to the carrots.

Let the water come to a boil again and cook the soba noodles according to package instructions (usually 5-8 minutes, until al dente). Strain the noodles, cool them down, and add them to the bowl with the carrots and bok choy. Add the scallions and cucumbers to the bowl and toss everything gently together.

Whisk together the sesame oil, rice vinegar, soy sauce, and hot sauce (if using). Pour this over the noodles and vegetables, and then toss until everything is evenly coated.

- [10 Bok Choy Recipes](#)
- [Make Your Own Soba Noodles](#)
- [Tomato Basil Garlic Butter](#)
- [Shakshukah](#)
- [Quick Fresh Tomato Sauce](#)
- [Cold Cucumber Soup with Yogurt and Dill](#)

Agriculture in the News

Here's a nice discussion of the problems with market consolidation in agriculture. Remember all the discussion last year in our Unicameral about "corporate hog ownership"? [In this recent piece Alan Guebert](#) explains the problem with market consolidation — once the folks at the top own the vast majority of the production, there aren't opportunities for cash and futures markets, which means no one really knows what a "fair" price is. Without transparent competition, capitalism is a rigged game!



One more sign of fall — there's no turning back now!